

Well-Being for Teachers & Students: Stewardship Concept for Self-Care & Self Compassion in Resilient, Active and Flourishing School Communities Web Series



PRESENTED BY

Dr. Patrick Carney



SERIES SESSIONS

Date	Time
October 01, 2020	4:00 PM - 5:00 PM
October 08, 2020	4:00 PM - 5:00 PM



LOCATION

Online

FEE

\$40.00

QUESTIONS?

Contact Us:

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REGISTER ONLINE

Visit our website to register:

nrlc.net

Program

Join Dr. Carney for this innovative session that will help you to meet the many demands of the coming year.

The return to school in any year is a time of increased stress for everyone—students return after two months away from school, you have a new class, and maybe even a new grade or position. This year that stress is greatly increased as we begin to emerge from the COVID-19 pandemic and as educators have an important role to play in furthering conversations and action to increase equity.

In this professional learning series, [Dr. Patrick Carney](#), author of [*Well Aware: Developing Resilient, Active, and Flourishing Students*](#), explores the concept of stewardship in education. Stewardship is the mindful and responsible management of what has been entrusted to our care. For many of us, the idea that we need to begin with ourselves—to develop and maintain self-care strategies—will be unfamiliar. Unfamiliar but necessary as Dr. Carney will illustrate: to care for others we need to start with ourselves, and then for our team, and finally for our students and their families.

Presenters

Dr. Patrick Carney

Dr. Carney is a Fellow of the Canadian Psychological Association. He is a passionate spokesperson and advocate for positive mental health for all students. In his new role as Chief Psychologist, with Simcoe Muskoka Catholic District School Board, Dr. Carney works with students, teachers and their parents to develop positive mental health using many of the evidence based strategies outlined in his presentation/book.

Registration Notes

Participants can purchase Dr. Carney' book using this link

<https://www.pearsoncanadaschool.com/index.cfm?locator=PS2pDe>