

Leading in the Midst of Uncertainty



PRESENTED BY
Kimberly Barthel



SERIES SESSIONS

Date	Time
September 08, 2020	1:00 PM - 2:00 PM
September 15, 2020	4:00 PM - 5:00 PM
September 29, 2020	4:00 PM - 5:00 PM



LOCATION
Online

FEE

\$30.00

QUESTIONS?

Contact Us:
nrlc@arpdc.ab.ca
[780-882-7988](tel:780-882-7988)

REGISTER ONLINE

Visit our website to register:
nrlc.net

Program

Leading in the midst of Uncertainty

When we as leaders experience fear and vulnerability ourselves, it is often more difficult to access the inner resilience needed to support those around us. This session is intended to hold space for senior management teams in their collective attempts of guiding others through turbulent times, though all teacher leaders are welcome. This, and all sessions in the series, are interactive with the facilitator. There will be opportunity for questions/answers and discussion.

Fostering Resilience in Turbulent Times

When there is uncertainty and change, how do we find the resources within ourselves to adapt and stay connected? This session (designed to support teachers and extended education-related staff) explores the many ways we can support ourselves, connect with the people we need to, and find some sense of security when so many things seem upside down. This, and all sessions in the series, are interactive with the facilitator. There will be opportunity for questions/answers and discussion.

Trauma-Sensitive Education

This session invites participants to learn more about the science behind learning, and the impact that trauma and stress can have on the brain, behaviour and relationships. Attunement, co-regulation and creating safe learning environments (among other topics) are highlighted - strategies of how educators can bring out the best in all their students, during

this pandemic and beyond. This, and all sessions in the series, are interactive with the facilitator. There will be opportunity for questions/answers and discussion.

Presenters

Kimberly Barthel

Kim Barthel is an award-winning occupational therapist, world-renowned speaker, trans-disciplinary teacher and best-selling author, actively supporting function and healing in many cultures. A pioneer in reinforcing the importance of relationship, she is known for blending the science of cutting-edge developments in neurobiology with the art of compassionate inquiry. With 35+ years as an OT, Kim's passionate interests include Complex Behaviour, Mental Health, Attachment, Sensory Processing and Trauma-Informed Practice. Kim's mission is to support the conscious evolution of the human spirit. www.kimbarthel.ca
