

## NR.IE19.041CG Teenage Brain; Establishing Positive Mental Health With Your Child



PRESENTED BY

**Andrew Baxter MSW RSW**



SERIES SESSIONS

Date	Time
February 28, 2019	6:30 PM - 8:30 PM



LOCATION

**G.P.P.S.D Central Office Board Room -  
10127 120 Avenue**

FEE

**\$0.00**

QUESTIONS?

Contact Us:

[nrlc@arpc.ab.ca](mailto:nrlc@arpc.ab.ca)

[780-882-7988](tel:780-882-7988)

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[nrlc.net](http://nrlc.net)

### Program

This session will introduce parents to the basic concepts in establishing and maintaining positive mental health with their children. Topics will include: The Teenage Brain, Common Myths about Mental Illness, Teenage Stress, Promoting Positive Mental Health in My Child, Getting Help.

There will be light refreshments available.

### Presenters

**Andrew Baxter MSW RSW**

**Andrew** has worked in School Based and Community Mental Health for over 15 years. During his time with Alberta Health Services, he has provided direct treatment and consultation services for children and families in Kindergarten through Grade 12. Currently, Andrew chairs the School Based Mental Health Quality Improvement Committee and sits

on the Child and Adolescent Addictions and Mental Health Standards Committee. His main role with AHS is to serve as the Coordinator for the Mental Health Literacy Project which is currently rolling out in 8 school boards across Alberta. His educational background is in psychology and social work.

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