

Teenage Brain; Establishing Positive Mental Health With Your Child

Presented By: Andrew Baxter MSW RSW

Registration Fee:

Free

Registration Deadline:

February 28, 2019

Course Code:

NR.IE19.041CG

Grade Level: Audience:

Parents/Parent

Date(s):

Thursday, February 28, 2019
6:30 PM - 8:30 PM

Session Location:

Grande Prairie Public School District Board Room
10127 120 Avenue, Grande Prairie, AB

About the Session:

This session will introduce parents to the basic concepts in establishing and maintaining positive mental health with their children. Topics will include: The Teenage Brain, Common Myths about Mental Illness, Teenage Stress, Promoting Positive Mental Health in My Child, Getting Help.

There will be light refreshments available.

About the Presenter(s):**Andrew Baxter MSW RSW**

Andrew has worked in School Based and Community Mental Health for over 15 years. During his time with Alberta Health Services, he has provided direct treatment and consultation services for children and families in Kindergarten through Grade 12. Currently, Andrew chairs the School Based Mental Health Quality Improvement Committee and sits on the Child and Adolescent Addictions and Mental Health Standards Committee. His main role with AHS is to serve as the Coordinator for the Mental Health Literacy Project which is currently rolling out in 8 school boards across Alberta. His educational background is in psychology and social work.

Catering is not prepared in a nut/gluten-free environment.

Photography Release:

This is a public event with the likeliness of photo/video throughout the day. By attending, participants understand they may be captured in photo or video for future presentations or promotional material development. Please see conference hosts if you prefer to not be photographed.