

# NR.IE19.021CG Non-Violent Crisis Intervention FLEX 1-day Training



PRESENTED BY

**Mike Heckbert & Crystal Gaede**



SERIES SESSIONS

Date	Time
February 28, 2019	8:30 AM - 3:30 PM



LOCATION

**GPPSD Central Office - 10127-120 Ave**

FEE

**\$150.00**

QUESTIONS?

Contact Us:

[nrlc@arpc.ab.ca](mailto:nrlc@arpc.ab.ca)

[780-882-7988](tel:780-882-7988)

REGISTER ONLINE

Visit our website to register:

[nrlc.net](http://nrlc.net)

## Program

The *Nonviolent Crisis Intervention*® training program is a safe, nonharmful behavior management system designed to help educators provide the best *Care, Welfare, Safety, and Security* of confrontational, disruptive, or potentially out-of-control students, even during their most violent moments.

This course now **consists of online and classroom components**. Online course instruction can typically be completed in 2-3 hours. The one-day classroom portion will follow successful completion of the online component.

Once registered for the NVCi FLEX training, you will receive an automated email containing a link that will allow you to access the online portion to be completed prior to the classroom portion.

The following aspects will be covered:

- The stages of escalation and the de-escalation techniques to use during each stage.
- Nonverbal and verbal intervention strategies for managing disruptive behavior.
- CPI's *Personal Safety Techniques* to maximize student and staff safety if the aggressive behavior becomes physical.
- Understanding and development of team intervention strategies and techniques.

- Demonstration and practice of safe physical control techniques to be used as a last resort if the out-of-control student becomes violent and a danger to self or others.
  - Instruction is provided in the debriefing and documentation that should take place after a crisis.
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- *Please dress in comfortable clothing as there will be a lot of moving around, learning physical movements, etc.*
  - *Please bring pens / pencils to classroom portion, to write with.*
  - *All participants must successfully complete online portion and attend for the full duration of the classroom instruction to become certified.*
  - *Note: Attendance limited to school district employees in Zone 1 (Northern districts).*

Lunch is NOT provided.

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## Presenters

### Mike Heckbert

Mike Heckbert is a Psychologist with Peace Collaborative Services (PCS). PCS serves Northwest Alberta with a team of specialists that supports staff and students from Kindergarten to Grade 12 participate fully in their educational programs and achieve their maximum learning potential.

### Crystal Gaede

Crystal Gaede has worked for the Grande Prairie Public School district for over 10 years. She is currently an Educational Programmer on the Inclusive Education Team and works to support students and teachers across the district through PCS.

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## Registration Notes

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