

NR.IE18.021NG Emotional Regulation Training in Grande Prairie



PRESENTED BY

Dr. Beena Thomas, R. Psych.



SERIES SESSIONS

Date	Time
January 12, 2018	8:30 AM - 4:00 PM



LOCATION

GPPSD Central Office - 10127-120 Ave

FEE

\$25.00

QUESTIONS?

Contact Us:

nrlc@arpdc.ab.ca

[780-882-7988](tel:780-882-7988)

REGISTER ONLINE

Visit our website to register:

nrlc.net

Program

Discover new strategies.

Practice new skills.

Connect with colleagues.

Learning Goals:

- 1) Learn to identify which clients are a good fit for DBT-A
- 2) Learn how to use this treatment in a group and/or individual therapy format
- 3) Learn about the DBT-A module skills

Criteria:

This event is open only to regulated mental health professionals.

Presenters

Dr. Beena Thomas, R. Psych.

Dr. Beena Thomas, R. Psych., holds a Ph.D. in Clinical Psychology. She has conducted a range of psychological research and has extensive experience providing assessment and clinical intervention to children, adolescents, and families presenting with a variety of mental health concerns. She presently holds the role of Mental Health Consultant for CASA's Community Geographic Team.

Registration Notes

Registration includes light morning refreshments and lunch.