

# NR.FNMI18.002HL Horse Lake First Nation: Our Kids Our Tomorrow Community Conference



### PRESENTED BY Jed Roberts, Chenoa Marcotte, Natascha Okimaw & Jacquelyn Gibbs



SERIES SESSIONS

October 26, 2017

Time 8:30 AM - 3:30 PM



## LOCATION

Horse Lake Arena - Horse Lake

\$0.00 QUESTIONS? Contact Us: nrlc@arpdc.ab.ca 780-882-7988 REGISTER ONLINE Visit our website to register:

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nrlc.net

### Program

Keynote Speaker: Jed Roberts "Reflecting Parenting Choices For a Better Future For Our Children"

"Children Need Parents Not Friends". Edmonton Eskimos alumni and high risk youth mentor Jed Roberts will discuss the importance of being your child's parent first. Jed will outline the importance of structure, routine and stability within the home and how it relates to creating confident, comfortable and resilient children. He will draw from his personal experiences to discuss trials and tribulations, successes and failures in his presentation.

Opening and Prayer 9:00am Lunch will be served on site hosted at Horse Lake Arena

#### Other Presentations:

Traditional Parenting with Natascha Okimaw (GP Friendship Centre)

Breaking the cycles by returning to the traditional approach to parenting with a focus on healthy relationships and the four quadrants of life.

Particpants will learn about the diffrent cycles of life following the medicine wheel and how it all interconnects to raising a whole person.

They will also discuss healthy relationships and how we can make steps to break the cycles of trauma.

Nutrition with Jacquelyn Gibbs (Alberta Health Services)

Join us for this fun and positive conversation about food. Explore ways you can help contribute to a healthy food environment and support positive dialogue about food.

#### Learning Through Play, Chenoa Claire Marcotte (Werklund School of Education)

In this parenting session we will discuss how we connect meaningfully to and learn with our young children within the realities of our busy day-to-day family lives. We will discuss the following topics during this session:

- Engaging in rich learning through play
- Using the outdoors to engage young children in learning.
- Communication with young children and the important role this plays in their development.
- The importance of stories, storytelling and music in young children's development.
- Creating effective learning environments in our homes so that children can flourish.

#### **Conference is in Partnership With:**

Horse Lake First Nation Peace Wapiti School Division Northwest Regional Learning Consortium

#### **Presenters**

#### Jed Roberts

Jed was born with a congenital bilateral nerve defect in both ears which prevented Jed from learning how to speak until he was fitted with hearing aids when he was five years old. After many years of hard work in the classroom and on the field Jed was able to obtain a football scholarship to the University of Northern Colorado. Jed played four years with the Bears and was selected 1st Team All North Central Conference as a senior. Jed majored in English at the University of Northern Colorado. Jed went on to play for thirteen seasons with the Edmonton Eskimos as a linebacker and defensive lineman. Holds the Eskimos franchise record for most special teams tackles in a career with 163. Jed won a Grey Cup with the Eskimos in 1993. Jed is the son of former Ottawa Rough Rider tight end Jay Roberts. Jed and his father both have their names on the Grey Cup trophy.

Jed now works as a child and youth care worker working with at-risk youth in the inner city.

Jed has five children and lives in Edmonton with his fiancée Christine and their two sons, aged eight and five.

#### Chenoa Marcotte

Chenoa Marcotte is an Education Consultant with Galileo Educational Network, at Werklund School of Education, University of Calgary. Over the last decade Chenoa has designed and led professional learning for teachers and middle level leaders in school districts across Alberta. She has also been engaged in conducting a number of research studies in design-based professional learning, intellectual engagement, designing inclusive environments and assessment for learning.

After obtaining a B.Sc. in Environmental and Conservation Sciences from the University of Alberta, her love of the outdoors led her to working in Jasper National Park for Parks Canada and then to Cypress Hills Provincial Park. There, she worked as an environmental educator using the outdoors as her classroom. Her love of teaching brought her back to the University of Calgary for a B.Ed and she began teaching indoors and soon became curriculum leader. Her passion for engaging students in authentic and meaningful learning experiences has only grown since coming to work with the Galileo Network. Chenoa's M.Sc. thesis is about students' developing more complex understandings of ecosystems.

She and her husband Jon have two budding scientists at home, Leith (age 11) and Aida (age 9). Chenoa is also a singer/songwriter.

#### Natascha Okimaw

Originally from Edmonton, AB, Natascha has lived her adult life in Grande Prairie, AB with her partner of 21 years and their three children aged 13, 10 & 5. She is of Cree and French descent as is a member of the Driftpile First Nations Band. She grew up in a home that experienced the effects of the residential school and did not learn her indigenous language or her culture. As a result she has spent most of her adulthood learning from several different Elders and knowledge keepers and has worked to share her knowledge with her family and others. She has her Associate of Arts Degree and Business Administration Diploma. She has been working for the Grande Prairie Friendship Centre on and off for 10 years, she has had many opportunities within the organization to utilize her skills and teachings and is currently in a new 5 year position as the Cultural Navigator for the Northern Indigenous Health Alliance.

#### Jacquelyn Gibbs

Jacquelyn Gibbs is with Alberta Health Services.

