

Applied Suicide Intervention Skills Training (ASIST)



PRESENTED BY

Centre for Suicide Prevention



SERIES SESSIONS

Date	Time
March 18, 2024	8:30 AM - 4:30 PM
March 19, 2024	8:30 AM - 4:30 PM



LOCATION

**HFCRD: Holy Family Catholic Regional
Division - 10307 99 St**

FEE

\$250.00

QUESTIONS?

Contact Us:

nrlc@arpc.ab.ca

[780-882-7988](tel:780-882-7988)

REGISTER ONLINE

Visit our website to register:

nrlc.net

Learning Opportunity

The Applied Suicide Intervention Skills Training (ASIST) Workshop runs on 2 consecutive days and will address risk factors, safe plans and intervention.

Day 1

8:30 AM Introductions

9:35 AM Break

9:50 AM VIDEO

11:25 AM Break

11:35 AM Attitudes and Intervention

12:30 PM Lunch Break

1:30 PM Understanding Section

2:20 PM Break

2:30 PM Reviewing Risk Factors

3:20 PM Break

3:30 PM Safe Plans and Commitments

4:30 PM End of Day #1

Day 2

8:30 AM Intervention Model

9:05 AM Break

9:10 AM Intervention Model, continued

10:05 AM Break

10:20 AM Intervention Model, continued

11:40 PM Simulations

12:30 PM Lunch Break

1:30 PM Simulations

3:40 PM Break

3:55 PM Networking

4:30 PM End of Workshop

Please note, Participants must attend the entire workshop to receive a certificate

Participants must be 18 years or older to attend all workshops except safeTALK, where participants must be 16 years or older.

Presenters

Centre for Suicide Prevention
